



# International Mixed Age Trophy

## *Synchronized Skating*

### Organizational Guidelines

#### 1. Where ?

- 2015 - Le Havre, France
- 2016 - Basel, Switzerland
- 2017 - Besançon, France
- 2018 - Trento, Italy
- 2019 - Le Havre, France
- 2020 - Basel, Switzerland

#### 2. When ?

End of March / beginning of April

#### 3. Who ?

- Mixed age teams from all over the world (between 16 and 20 teams)
- Each country has a limit of max. 3 teams to enter and 1 alternate team to be put on the waiting list, that might be selected depending on the number of entries (*see selection rules below*)
- The definitive selections for the 3-4 best teams have to be made by the respective Federations

#### 4. Why ?

To support the mixed age category and to give these teams the opportunity to compete on an international level

## 5. How ?

The competition takes 2 days

- **First day**
  - Non-official practices
  - Official draw
  - Official dinner
  
- **Second day**
  - Official practices
  - Opening ceremony
  - Competition (1 program)
  - Award ceremony
  - Team party (optional)

## The International Mixed Age Trophy Commission

- France, Italy and Switzerland have already the same rules for the Mixed Age category (age and technical requirements)
- The 3 nations have created a Technical Commission and are each represented with 1-2 people in this Commission.
- This working group publishes the technical rules regarding mixed age teams at the beginning of each season. It represents the main deciding body.
- They decide and assign the organization of the International Mixed Age Trophy to countries that are interested in hosting the event.
- The Commission is also responsible for the nomination of 1-2 spokesperson(s) in each country in order to promote regular contacts and supervision of mixed age teams.
- The Commission establishes the selection process for teams as follows:

*Each country is allowed to enter a maximum of 4 teams during the preliminary entry period. The 4<sup>th</sup> team is allowed to be added as a provisional team that might be accepted depending on the number of total entries received after the preliminary entry deadline. All the teams should be selected according to each team's season's best. However, Federations make the last decisions regarding which teams is allowed to start.*

- The announcement has to be published at least 60 days prior to the preliminary entry deadline by the hosting club.
- The members of the International Mixed Age Trophy Commission are:

**France**            Laurent Moreau ([laurentmoreau276@gmail.com](mailto:laurentmoreau276@gmail.com))  
                          Valérie Arsa Ballester ([valerie.arsa@orange.fr](mailto:valerie.arsa@orange.fr))

**Italy**                Cristina Pastorelli ([cripasto.cp@gmail.com](mailto:cripasto.cp@gmail.com))

**Switzerland**     Rita Tognali ([r.tognali@gmail.com](mailto:r.tognali@gmail.com))  
                          Tony Krähenbühl ([tony.kraehenbuehl@gmail.com](mailto:tony.kraehenbuehl@gmail.com))

## International Mixed Age Trophy Technical Rules 2019/2020

Technical Rules	
Age	No age requirements
Number of skaters	12 to 16 skaters + 4 alternates
Program duration	3 min. +/- 10 sec.
Levels of difficulty	Teams may attempt any level
Components	Factor of 1.2 5 components
Elements	<p>7 Elements (<i>see ISU Communication 2236</i>)</p> <ul style="list-style-type: none"> <li>a) 1 Intersection Element</li> <li>b) 1 Move Element</li> <li>c) 1 No Hold Element</li> <li>d) 1 Pivoting Element – <i>Block</i></li> <li>e) 1 Traveling Element – <i>Circle</i></li> <li>f) 1 Twizzle Element</li> </ul> <p><i>Plus a choice of 1 Element from Group A:</i></p> <ul style="list-style-type: none"> <li>g) 1 Artistic Element – <i>Line</i></li> </ul> <p><i>Or</i></p> <ul style="list-style-type: none"> <li>h) 1 Artistic Element – <i>Wheel</i></li> </ul>
Non-permitted Elements	<p>(<i>as per Rule 992 para. 3b</i>)</p> <p>With the exception that <b>vaults and un-sustained lifts are permitted</b></p>
Illegal Elements	<p>(<i>as per Rule 992 para. 2</i>)</p> <ul style="list-style-type: none"> <li>a) Illegal lifts (<i>as defined in Rule 990 para. 4</i>)</li> <li>b) Intersections incorporating back spirals</li> <li>c) Flying camel spin executed by the entire team</li> <li>d) Split jump through the point of intersection</li> </ul>
Falls	0.5 per fall ( <i>as defined per Rule 953</i> )